

# Ukraine is in crisis please donate

We are **gravely concerned** about the intensification of fighting in Ukraine over the past few days.

People are **losing their homes and lives**; families are being separated. Essential services, like water and healthcare, are under threat.

**Please donate today** if you can.

The people caught up in this conflict must be **supported and protected**.

## What is needed:

- **First aid items**
- **Sanitary**
- **Toiletries**
- **Medicines, cold and flu remedies, pain killers**

Collection will be made at Boots.

All will be collected by the Royal British Legion to Poland.

**Your donations are gratefully received.**